



## HLTAID011 Provide First Aid

### COURSE OVERVIEW

- This unit describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings. This course was also previously known as Apply First Aid, Senior First Aid, or Level 2.
- The course is nationally recognised and on completion you will receive a Statement of Attainment for HLTAID0011 Provide first aid.
- This qualification is considered the industry standard for a range of workplace roles and employment categories. It is also required if you are considering entry into the Police Force, Corrective Services, Ambulance Service and/or to study Nursing. It is the minimum qualification for workplace First Aid Officers if you are being appointed to that role.

### COURSE ENTRY REQUIREMENTS

- We require candidates to complete a Language, Literacy and Numeracy (LLN) test *prior* to commencing any study. The purpose of this test is to determine that candidates have the academic capacity to meet the requirements of the course, and to identify what, if any support candidates may require during their study.
- After completing the LLN test, candidates are enrolled and provided with a learner kit. They must complete home-based self-study and submit an assessment activity involving short answer and multiple choice questions prior to attending practical training and assessment. Students must be assessed as competent in this task to proceed to practical training and assessment.
- The training will expose candidates to conditions and scenarios that could be confronting to some.
- Students will require access to a computer with Internet access.
- First Aid scenarios and practice can be physically demanding, especially while performing CPR. To complete this course you will need to be able to perform CPR on a manikin on the floor in a kneeling position.
- Candidates must be at least 14 years of age to attend first aid at this level. Be aware for those under 18 years, a parent or guardian must accept responsibility for your enrollment and sign the enrolment form.

### DURATION & STRUCTURE

The course requires home-based study and an assessment activity which will take approximately 8 hours. Practical training and assessment is completed in 7 hours (9am-4pm) in a face to face classroom based environment, with trainer led scenarios, practical demonstration and assessments.

The pre-course-assessment must be submitted electronically at least 48 hours prior to attending a practical training/assessment day.

We run courses regularly at both our Granville (Wednesday) and Liverpool (Saturday) campuses.

### POTENTIAL JOB ROLES

Potential job roles on completion of this program include:

- Workplace First Aid Officer
- WHS Officer
- Pre-requisite for Australian Federal Police Force
- Pre-requisite for Australian Protective Services
- Pre-requisite for Study toward Nursing qualifications



# LEARN FIRST AID TODAY

## COURSE UNIT

This course is a single Unit of Competency in HLTAID011 Provide First Aid. You will however cover a number of conditions and their signs and symptoms and how to treat them.

You will be assessed through a combination of short answer and multiple choice theory questionnaire and practical demonstration and observation.

### Topics Covered:

Responding to an emergency situation  
Casualty assessment and reporting  
Duty of Care and consent  
How to seek assistance and contact emergency services  
Performing Cardiopulmonary Resuscitation (CPR)  
Operate an Automated External Defibrillator (AED)  
Debriefing and psychological impact  
Anaphylaxis and severe allergic reaction  
Trauma and wound control  
Choking and airway obstruction  
Envenomation (Bites and Stings)  
Fractures and soft tissue injury  
Shock  
Asthma and respiratory distress  
Epilepsy and seizures  
Abdominal injuries  
Burns and scalds  
Cardiac conditions  
Diabetes  
Head, neck and spinal injuries  
Stroke  
Use of an auto-injector: Epi-pen  
Use of an auto-inhaler and spacing device  
Poisoning

## COURSE FEES

- \$100 tuition fee.
- All learning materials included, no additional costs.
- As this is a short course, we do not accept deposits to secure a place on the course, we require full payment prior to commencing.
- Total Cost: \$100

### Training is conducted at both our training venues:

- GRANVILLE  
Suite 27A South Street, Granville NSW 2142 (Above Commonwealth Bank)
- LIVERPOOL  
Suite 3, Level , 21-27 Memorial Avenue, Liverpool NSW 2170

## CONTACT US

**Phone: 02 9897 5622 or 1300 430 970**  
**Mon to Fri: 9am-5pm**

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